

Department for International Affairs

General Student Committee (AStA) Osnabrück University



Lu
(they/them)

Contents

• General Student Committee: Intro	3
• Department for International Affairs (me)	
◦ What For?	4
◦ In-Person Support	5
◦ Contacting me	6
◦ My Website	7
◦ Telegram Channel	8
◦ Generally	9
• Events (interim)	10
• General Student Committee	
◦ Excerpt From the Work of Other Departments	11
◦ Semester Ticket	12
• Links	15

General Student Committee (AStA): Intro

Representation of student interests towards the Uni and the general public

Departments

- Specialized for different areas
- 1-3 people
- AStA website >> Über den AStA
- Most relevant for you:
 - Department for International Affairs (me)
 - s. following slides

Committee

- All people from the departments
- Plenary once a week
- Office hours (Mon-Thu, 10 - 14h)
- Offers:
 - Free law counselling
 - Bike repair shop
 - Freshie party
 - Fairytale festival
 - ...



AStA-website

What For?

Making your studies and your
life in Osnabrück easier

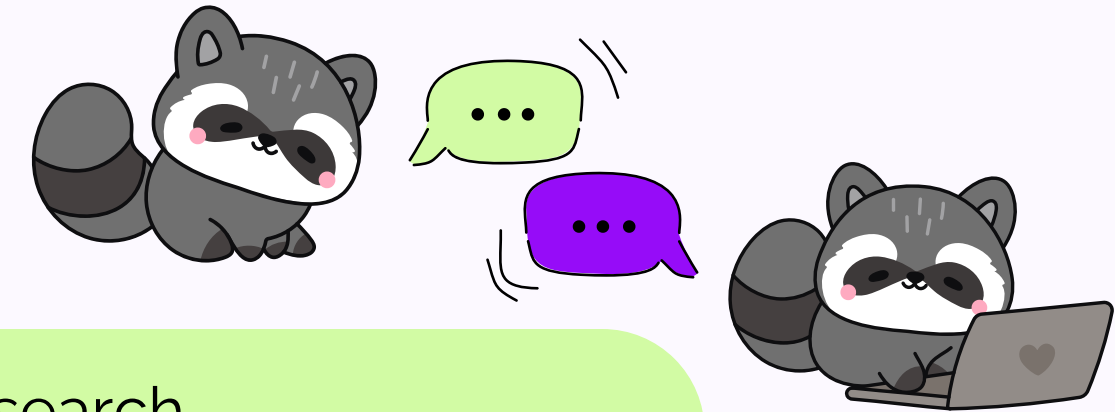


Concretely:



In-Person Support

Information, support, advice, translations especially on:



- Orientation at the uni
- Student ID
- Public transport
- University organizations

- Apartment search
- Rental contracts
- Moving
- Internships and job searches
- Financing options
- ...

- Everyday study life
 - Courses
 - Exams
 - Term papers
 - Applications
 - ...

- Official matters
 - Administration
 - (Local) authorities (e.g. ABH)

... or forwarding to respective support points

Contacting me

Email

- astaint@uos.de
- I check my mails very regularly
 - Usually takes 1-3 days to get a reply
- Check my website before writing me an email
 - s. following slide

Office hours

- Once a week
- Somewhen between
 - Mon and Thu
 - 10.00 and 14.00h
- Will publish the exact hours on my website as soon as I know them



My website

My Website

- Please have a look at the AStA-website as well as my website before writing me an email
- On my website, you can find:
 - A newsletter of potentially interesting things, specifically for international students
 - Further information on my department
 - A list of useful documents with information and tips on studying and living in Osnabrück



My website

Note:

As soon as I know my office hours for the summer term, I will publish them here as well



Generally:

Question

- Check AStA website
- Check my website
- No answer? / Unsure?



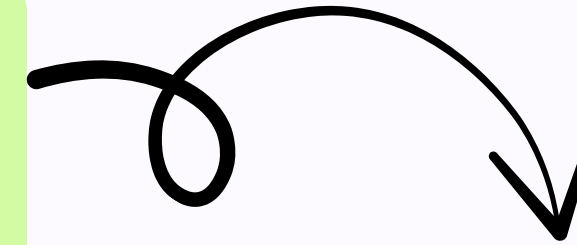
GET IN CONTACT WITH ME! :)

Mail: astaint@uos.de

(please write to me from your university mail address!)

Telegram Channel

- For international students to ...
 - Ask questions
 - Help each other out
 - Connect
 - Still very new, not many people yet
- Feel free to join already :)
- When you do, please have a look at ...
 - The subtopics
 - The pinned messages
 - The pad in the group description



Generally:

- Problems, questions, doubts, wishes concerning your studies or life in Osnabrück (and no info on websites)?
- Ideas for an event?
- Want to connect yourself?
Want to get politically active?

GET IN CONTACT WITH ME! :)

Mail: astaint@uos.de

(please write to me from your university mail address!)

! If you are unsure who to contact, don't worry about shooting me an email! If I am not the right person for something I can still let you know

(and, if I know, tell you who to contact instead)

Events



- Many interesting events from different (university) organizations
- Check out ...
 - International office website
 - Information on AStA-website (or my newsletter) and Instagram account
 - Mensa flyers

- You have a wish or an idea for an own event and want support?
- Get in contact with me



AStA-website



AStA Instagram

General Student Committee

Office hours:
Mon - Thu, 10 - 14h

Excerpt from the work of other departments

Anti-fascism

- Contact form for people affected by right-wing violence
 - Counseling offer
 - Forwarding to professional counseling points possible

Studies & Teaching

- Counselling regarding ...
 - Compulsory attendance
 - Examination matters
 - Lecturers
 - ...



AStA website
>> Über den AStA

Finances

- Micro loans for students experiencing unforeseen financial difficulties

Social affairs

- Free first aid courses
- Counselling for students ...
 - in housing shortages
 - with dis_abilities
 - experiencing conflicts or discrimination

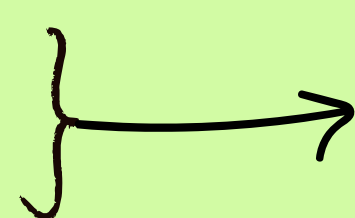
Semester ticket

Information

- Semester ticket = Deutschlandticket
- Valid for all busses and regional trains inside Germany (RB, RE, S-Bahn, U-Bahn, bus)
- **Not** valid for long-distance trains (IC, ICE) and other long-distance providers (e.g. Flixbus)
- Information on refund and reimbursement on the AStA website (>> Semesterticket)

Use

- Can *always* be accessed through the website (**internet connection** needed!)
- Can be downloaded into wallet apps
- Or:
 - Campus card
 - Screenshot



Note:
No guarantees



AStA-website

Procedure:

- Enroll at Osnabrück University
- AStA-website >> Semesterticket
- Log in with StudIP login data
 - Available from April 1st on

Lastly:

Welcome to Osnabrück,
have a good semester start!
I hope you can enjoy your time here :)





Questions?

Links



In order of appearance:

- [AStA website](https://www.asta.uni-osnabrueck.de/)
- [AStA instagram account](https://www.instagram.com/asta_uos/?hl=en)
- [My website](https://www.asta.uni-osnabrueck.de/ueber-den-asta/referat-fuer-internationales)
- [Telegram channel for international students](https://t.me/+e4zoLHOwSpQxZmUy)
- [International Office](https://www.uni-osnabrueck.de/en/university/institutions-from-a-to-z/international-office)
- [AStA statement on right-wing violence](https://www.asta.uni-osnabrueck.de/news/2025-04/kontaktformular-rechte-gewalt-contact-form-right-wing-violence)
- [Contact form for people affected by right-wing violence](https://www.asta.uni-osnabrueck.de/contact-form-right-wing-violence)
- [Department for Finances](https://www.asta.uni-osnabrueck.de/ueber-den-asta/referat-fuer-finanzen)
- [Department for Social Affairs](https://www.asta.uni-osnabrueck.de/über-den-asta/referat-für-soziales)
- [Semester ticket website](https://www.asta.uni-osnabrueck.de/service/semesterticket)